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**GRASS, ROOTS AND PLANT LIFE**

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**SMALL SIDE SALAD 1.75****SPINACH SALAD 5.25**

MANDARIN ORANGES, PINE NUTS,  
SEASONAL FRUIT, FETA VINAIGRETTE AND BREAD

**CLASSIC CAESAR 4.90**

ROMAINE PARMESAN & TOMATO & OUR DRESSING  
ANCHOVIES OPTIONAL

**TUSCANO 5.95**

FRESH ITALIAN MOZZARELLA, GARDEN FRESH BASIL,  
ROASTED RED PEPPERS, AND TOMATO ON ROMAINE

**ADD CHICKEN TO ANY SALAD 1.50****ADD STEAK TO ANY SALAD 2.00****HOMEMADE DRESINGS:**

FETA VINAIGRETTE, BLEU, HONEY MUSTARD, RANCH,  
1000 ITALIAN, OLIVE OIL /BALSAMIC

**CHICKEN SALAD PLATE 5.50**

OUR LIGHT CHICKEN SALAD WITH CRANBERRY  
RAISINS AND PINE NUTS ON A BED OF ROMAINE

**CHICKEN OR TUNA SALAD SANDWICH 5.50**

ANY BREAD, CREPE, ENGLISH MUFFIN SPINACH WRAP

**CRÊPES****THE FAVORITE 5.95**

FIND OUT WHY CATALANS ARE LINING UP FOR THIS  
ONE...GRILLED CHICKEN, GARLIC MUSHROOMS,  
BABY SPINACH CREAM SAUCE AND BRIE

**SPINACH CRÊPE 5.75**

THIS CREPE IS FILLED WITH OUR OWN  
BABY SPINACH BECHAMEL CREAM SAUCE

**ITALIAN PANNINI SANDWICHES**

ROSEMARY FOCACCIA PRESSED ON THE PANNINI  
GRILL FOR A TENDER CRISP FINISH

**THE DON FREDDO 5.75**

OUR SIGNATURE SANDWICH WITH FRESH BASIL,RIPE  
TOMATO AND MOZZARELLA CHEESE.. GOTTA TRY IT!

**THE DON FREDDO SERRANO 6.50**

THE DON FREDDO ABOVE WITH AUTHENTIC  
SERRANO HAM... WHAT MORE CAN I SAY!

**TURKEY N CRANBERRY 5.50**

TURKEY BREAST, CRANBERRY SAUCE & CREAM CHEESE

**ROAST PORK 5.95**

SLOW ROASTING MAKES THIS PORK TENDER. WITH  
ALIOLI & PROVOLONE ON OUR CHEESE BREAD

**KEVINS FAVORITE PITA 5.95**

SLICED ROASTED CHICKEN, CATALAN  
MUSHROOMS, MANCHEGO AND ALIOLI !!!

# CATALUNYA CAFE

## LUNCH MENU

SERVED 11 AM - 4 PM

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**SANDWICHES**

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**PHILLY BISTEC QUESO  
(CHEESESTEAK) 5.95**

PHILLY, WATCH OUT! THIS IS THE BARCELONA VERSION  
OF PHILLY CHEESESTEAK WITH ONIONS  
AND PROVOLONE ON A SPANISH HOAGIE ROLL

**THE PLAÇA CATALUNYA 5.95**

OUR PHILLY CHEESESTEAK MADE WITH CHICKEN

**PHILLY VEGGIE 5.95**

FRESH VEGETABLE MIX SAUTEED W/ PROVOLONE

**PASTRAMI REUBEN 5.95**

THIN SLICED PASTRAMI, SWISS, KRAUT  
& 1000 ISLE GRILLED ON RYE

**CATALUNYA BURGER 5.75**

THICK PRIME BEEF BURGER ON SPANISH KAISER  
CHOOSE FROM LETTUCE, TOMATO, ALLIOLI,  
PROVOLONE, CATALAN MUSHROOMS & CARMELIZED  
ONIONS. CHEESE ADD .50

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**DELI SANDWICHES 5.50**

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TURKEY, PASTRAMI, SERRANO HAM,  
ROAST BEEF OR HUMMUS

+

PROVOLONE, SWISS, MOZZARELLA, CHEDDAR,  
MANCHEGO, BRIE, OR GOAT CHEESE

+

ROMAINE, TOMATO, OLIVES, CARMELIZED ONIONS,  
GARLIC MUSHROOMS, OLIVES, SPROUTS, OLIVES

+

**ALLIOLI, MAYO, OR MUSTARD**

ON CHOICE OF:

**SOURDOUGH WHITE, MULTIGRAIN,  
MARBLE RYE, HOAGIE,  
ROSEMARY FOCACCIA,  
CHEESE HOAGIE OR PITA**

**ALLIOLI IS OUR HOMEMADE GARLIC MAYO**

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**?? A LA CARTÉ ??**

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EVERYTHING SERVED A LA CARTE. PICK AND  
CHOOSE EXACTLY WHAT YOU WANT, AND YOU  
DON'T PAY FOR WHAT YOU DON'T WANT! THIS  
MAKES US THE BEST VALUE IN CHARLOTTE!

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**WRAP IT UP**

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**STIR FRY WRAP 5.25**

SPINACH SHELL WITH FRESH VEGGIES  
SAUTEED WITH LIGHT TERRIAKI SAUCE

**CAESAR WRAP 4.95**

CRISP ROMAINE AND OUR SIGNATURE  
CAESAR DRESSING IN A SPINACH WRAP SHELL

**ADD CHCKEN TO A WRAP 1.50****HEALTHIER THAN THOU 5.75**

HUMMUS, CUKES, SPROUTS, ROMAINE, ARTICHOKE, &  
ROASTED RED PEPPERS WRAPPED IN A SPINACH SHELL

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**BLUE PLATE LUNCH**

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**ROSEMARY ROASTED CHICKEN 5.95**

SLICED CHICKEN BREAST SAUTEED WITH ROSEMARY AND  
WHITE WINE. RICE & BLACK BEANS

**VEGETABLE SKEWERS 5.50**

GRILLED MARINATED SKEWERED VEGETABLES  
SERVED WITH RICE AND BLACK BEANS

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**FOR KIDS ONLY**

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**CHEESY POOF**

PITA WITH MELTED CHEDDAR CHEESE  
**PB & CRANBERRY OR HOT DOG 1.00**  
*FOR KIDS WITH PURCHASE OF ADULT MEAL..*

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**SIDES**

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HAND CUT POTATO CHIPS 1.95

HAND CUT SWEET POTATO CHIPS 2.25

POTATO SALAD 1.50

PASTA SALAD 1.95

FRENCH FRIES 1.95

SIDE SALAD 1.75

TORTILLA ESPANOLA 1.95

CATALAN GARLIC MUSHROOMS 2.50

BLACK BEANS AND RICE 2.50

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**ASK ABOUT OUR DAILY SIDES!**

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**DESSERTS****PEACH CRÊPE 4.95**

WARM FRESH PEACH COMPOTE W WHIPPED CREAM

**NUTELLA CRÊPE 3.95**

FRESH CRÊPE W/NUTELLA

**ICE CREAM CRÊPE 3.95**

CHOICE OF ICE CREAM, SYRUP & WHIPPED CREAM

**ICE CREME CAKE 3.95**

WE MAKE THIS WONDERFUL DESSERT WITH LAYERS  
OF ICE CREAM AND CAKE ASK YOUR SERVER ABOUT

**ICE CREME SUNDAE 1.50**

CHOOSE YOUR ICE CREAM SYRUP & WHIPPED CREAM

## APPETIZERS AND EXTRAS

### THE BEST HUMMUS IN CHARLOTTE

TRADITIONAL MEDITERRANEAN HUMMUS  
SERVED WITH WARM PITA AND OLIVES 6.50

### SERRANO HAM

THIN SLICED MOUNTAIN HAM IMPORTED FROM  
CATALONIA, WITH AUTHENTIC SPANISH BREAD 6.50

### TOSTADA DE ROSES

TOMATO, ROASTED RED PEPPERS, ANCHOVIES & GOAT  
CHEESE AVOCADO SPREAD BAKED ON A PITA 6.95

### MARINATED OLIVES

NICE MIX OF SAVORY OLIVES TO SHARE 4.95

### PA AMB TOMÀQUET

CATALAN TRADITION, TOMATO AND GARLIC RUBBED  
ON A BAGUETTE TOASTED WITH OLIVE OIL 3.50

### TORTILLA ESPAÑOLA

SPANISH POTATO OMELETTE. LAYERS OF POTATO,  
CARMELIZED ONIONS, AND GARLIC 4.50

### CHORIZO & MANCHEGO PLATE

CHORIZO, MANCHEGO CHEESE, OLIVES, ROASTED  
PEPPERS, TOMATO & GARLIC TOAST 6.25

### FRESH MANCHEGO

LIGHT CREAMY MANCHEGO CHEESE 3.95

### AGED MANCHEGO

A BIT DRIER, THIS MANCHEGO IS GREAT WITH WINE 5.50

### ESCALIVADA

FRESH VEGETABLES ROASTED ON AN OPEN FLAME W/  
OLIVE OIL PARSLEY AND GARLIC 3.95

### SURTIDDO PLATE

CHOOSE 3 OF OUR SIDE ITEMS FROM OUR MENU 5.25

### CHAMPINONES AL AJILLO CATALANA

A UNIQUE TREAT! FRESH MUSHROOMS COOKED WITH  
LOTS OF GARLIC AND PARSLEY 3.25

## APPETIZERS BELOW AVAILABLE AFTER 4PM

### CHORIZO AL HORNO

FRESH CHORIZO LIGHTLY SAUTEED WITH RED WINE,  
SERVED WITH MANCHEGO CHEESE AND BREAD 5.25

### MEJILLIONES MARINARA

MUSSELS IN TOMATO, GARLIC AND WHITE WINE 7.95

### GAMBAS AL AJILLO

SHRIMP IN GARLIC SAUCE 7.25

### ALCACHOFAS CON JAMÓN

ARTICHOKE SAUTEED W/ SERRANO HAM 4.95

### FRA DIABLO

FRIED CALAMARI IN A SPICY PEPPER MIX OR GARLIC  
SAUCE SERVED WITH MARINARA 7.50

### HAYSTACK

DEEP FRIED ZUCCHINI STRAWS W/ MARINARA 5.95

### BRUSCHETTA

FRESH MOZZARELLA & BASIL, SUNDRIED TOMATO  
BROWNED ON FOCACCIA BREAD 4.50

### SIZZLED GARLICKY CHORIZO & CLAMS

FRESH CHORIZO, LITTLENECK CLAMS SAUTEED WITH  
GARLIC AND WHITE WINE 7.95

### PIERA

TOMATO, FRESH MOZZARELLA AND FRESH BASIL W/  
OLIVE OIL BAKED ON PITA 5.95

# DINNER MENU

SERVED 4 PM - 9 PM

## ENTREES

### PAELLA VALENCIANA \$13.95

SHRIMP, MUSSELS, CLAMS, TILAPIA AND AU-  
THENTIC CHORIZO, COOKED W/ TOMATO,  
PEPPERS & ONIONS SERVED MEDITERRANEAN  
FISHERMAN STYLE OVER SAFFRON RICE

### PAELLA DE VEGETALES \$11.25

FOR VEGGIE LOVERS - FRESH SEASONAL  
VEGETABLES FIRE ROASTED & SERVED OVER  
OUR SAFFRON RICE

### SALMON CAKES \$11.95

HOMEMADE SALMON CAKES WITH REMOULADE  
FRESH VEGETABLES AND BAKED SWEET POTATO

### TILAPIA AZURE \$12.95

TILAPIA SAUTEED IN A FRESH LEMON CAPER  
SAUCE. W/ SAFFRON RICE & BLACK BEANS

### HOMEMADE LASAGNA 10.95

HOMEMADE VEGETABLE OR MEAT LASAGNA  
SIDE SALAD W FETA VINAIGRETTE AND BREAD

### PASTA VILLANOVA 12.95

PENNE PASTA LIGHTLY SAUTEED WITH SHRIMP,  
LIGHT ROASTED PEPPER / TOMATO SAUCE & SALAD

### BISTEC AJILLO \$12.95

GARLIC MARINATED SIRLOIN STEAK TOSSED WITH  
ROASTED GARLIC, SUNDRIED TOMATO AND HERBS.  
SERVED WITH GARLIC PAPA ASADA  
(ROAST POTATOES) AND GRILLED VEGETABLE KABOB

### POULLO GIRONA \$11.25

ROAST BREAST OF CHICKEN, SPINACH  
BECHAMEL, GRILLED VEGGIES & SAFFRON RICE

### POULLO CARDINALE \$11.95

SAUTEED CHICKEN BREAST WITH ROASTED GARLIC,  
DICED TOMATOES, ROASTED PEPPERS, ITALIAN  
HERBS, WHITE WINE SAUCE OVER ANGEL HAIR PASTA

### BISTEC AL HORNO \$11.95

8 OZ CHAR GRILLED SIRLOIN TENDER  
SERVED WITH HOMEMADE CHIPS AND VEGGIES

**DINNER MENU AND PRICES SUBJECT TO  
CHANGE DUE TO SEASONAL AVAILABILITY  
AND QUALITY OF ITEMS!**



## The Region of Catalonia

(also called Catalunya or Cataluña)  
is a place unlike any in the world.

Flanked by the Pyrenees Mountains on the north  
and bathed by the Mediterranean Sea on the east,

Catalonia stubbornly maintains a strong and independent  
identity with a unique culture and language all its own.

Catalan cuisine is light, casual fare  
with a Mediterranean twist.

Simple, familiar dishes like panninis and wraps  
seamlessly mesh with more exotic  
offerings from the Catalan region  
which include the best of what Spain, France, Italy  
and the Mediterranean has to offer

(Remember, Catalonia is not Spain!)

Eat, Relax, ask for samples,  
but, most of all, ENJOY!

## SERVING

# LUNCH 11 - 4

# DINNER 4 - 9

DINNER MENU ON BACK

1408 EAST BOULEVARD  
BY TALLEY'S GREEN GROCERY  
AND CAROLINA SMOOTHIES

## CALL IN ORDERS

PHONE 704-335-3700

FAX 704-335-3777

OPEN MONDAY - FRI 10 AM - 9 PM

SAT 10 AM - UNTIL...

WWW.CATALUNYACAFE.COM